Eternal Being Visnu when he measured three steps at the sacrifice of Mahābali. Now, I am very old and have not enough strength to jump over the sea." (Vālmīki Rāmāyaņa, Kişkindhā kāṇḍa, Sarga 65).

4) Jāmbavān and the incarnation of Srī Kṛṣṇa. The longliving Jambavan who had witnessed nine out of the ten incarnations of Mahavisnu is seen in connection with the precious stone Syamantaka, in the incarnation of Kṛṣṇa. The Sun-god gave this jewcl Syamantaka to King Satrājit. His younger brother Prasena wore it and went to the forest for hunting. A lion killed him and took the jewel in his mouth and was going along the forest when Jambavan killed it and took the jewel. It was rumoured that Srī Kṛṣṇa had killed Prasena and taken the jewel. So Śrī Kṛṣṇa went in search of the jewel to the forest, defeated Jāmbavān and took the jewel, and returned it to Satrājit. Śrī Kṛṣṇa married Jāmbavatī the daughter of Jāmbavān. (Bhāgavata, Skandha 10).

5) Jāmbavān became old for ever. At the time of the incarnation of Vāmana, Jāmbavān was very strong and valiant. When Vamana brought under control the three worlds by measuring three steps Jāmbavān travelled throughout the three worlds carrying the news everywhere. Within three moments Jāmbavān travelled eighteen times through the three worlds. In this travel of lightning-speed the end of the nail of his toe touched the highest peak of Mahāmeru, who considered it as an insult and said "You are arrogant of your speed and youth. Hereafter your body will not reach where your mind reaches and you shall be ever old." Because of this curse Jāmbavān became old and unable to carry out what he wished. (Kamba

Rāmāyaṇa, Yuddha Kāṇḍa). JĀMBAVATI. Daughter of the famous Jāmbavān. Śrī Kṛṣṇa went in search of the famous precious stone Syamantaka which was lost when Prasena wore it and went to the forest for hunting. Krsna found it in the cave of Jāmbavān, who fought with him and was deseated. Finally he gave his daughter Jāmbavatī to Srī Kṛṣṇa as wife, and the jewel Syamantaka as dowry. Śrī Kṛṣṇa came to his capital Dvārakā with his wife Jāmbavatī. When sons were born to the other wives of Kṛṣṇa she became sad and requested her husband that sons may be born to her also. On hearing this request Kṛṣṇa went to the mountain where the hermit Upamanyu was engaged in penance. With that hermit who was an ardent devotee of Siva, as his teacher, Kṛṣṇa began a penance before Siva, in accordance with his (Upamanyu's) advice. The penance, holding yogadanda and Kapala (devotee's staff and skull) lasted for a month. In the second month penance was performed standing on one leg and drinking only water. In the third month he did penance standing on toes only and using air as food. After six months Paramasiva appeared and blessed him that his wives would have ten sons each. Accordingly Jambavati gave birth to her first son who was named Sāmba. (Devī Bhāgavata, Skandha 4).

JAMBHA. A Daitya (Asura). He was the chief among those who snatched away Amrta from the hands of

Dhanvantari. (Agni Purāna, Chapter 3).

In the Puranas several Asuras (demons) bearing the name Jambha are mentioned. It is stated in Mahābhārata, Sabhā Parva, Dāksinātyapātha, Chapter

38, that Śrī Kṛṣṇa killed an Asura named Jambha. Mention is made in Mahābhārata, Sabhā Parva, Chapter 98, Stanza 49 that the teacher Sukra refused to help a Jambha whom Indra killed later. It occurs in Mahābhārata, Vana Parva, Chapter 102, Stanza 24, that Mahāviṣnu had killed an asura called Jambha. It is stated in Maliābhārata, Vana Parva, Chapter 285, Stanza 2, that a group of Jambhāsuras, who had undergone training under Ravana, once attacked Hanuman. Another Jambhasura had been killed by Arjuna, as stated in Mahābhārata, Udyoga Parva, Chapter 49. All these Danavas (Asuras) were sons of Kasyapa born of his wife Danu.

JAMBHAKA. A Ksatriya King. This King was killed in battle by Śrī Krsna. He had a son who, later became King but was killed by Sahadeva in his conquest of the countries. (M.B. Sabhā Parva, Chapter

31, Stanza 7).

JAMBU. A tree which stands on the southern side of the mount Mahameru. This tree bears fruits and flowers throughout the year irrespective of the seasons. This tree is watered by the Siddhacāraṇas. The branches of this tree reach the realm of heaven. The place in which this tree stands is known as Jambūdvīpa. The ripe fruits as big as elephants fall down and are broken. The juice oozing from them flows as a big stream. This is called the river Jambū. It flows through the southern part of the country known as llavrtta. The goddess who lives on the bank of this big river is known as Jambvādinī. She is very fond of Jambū fruit. This goddess who loves everything in the world, is worshipped by the gods, nagas (snakes), the hermits and sages, Rākṣasas (giants) and every body in the world with devotion. Even by the mere thinking of her she could be pleased. She destroys the sins and increases the purity of people. She cures all the diseases and gives people, health, wealth, long life, prosperity and happiness.

The juice of the Jambū fruit when mixed with soil and acted upon by water, air and sun's rays, turns into a kind of gold called Jāmbūnada. The devas, Vidyādharas etc. use this gold to make ornaments for their women. This gold is superior to other kinds of gold.

(Devī Bhāgavata, Skandha 8).

JAMBUDVIPA. One of the Puranically famous Saptadvipas (seven continents). These seven continents are embankments separating the seven seas. Jambūdvipa, Krauńcadvipa, Śakadvipa and Puskaradvipa are included in the seven islands.

Jambūdvīpa has an area of one lakh of yojanas. The island is round like a lotus flower. There are eight long mountain ranges which divide the island into nine countries, which look like nine petals of the lotus flower. Each of these nine countries has an area of nine thousand yojanas. The two countries of the north and south extremities are bowshaped. Four of the remaining seven are longer than the rest. The central country is square. This country is known as llavrtta, at the centre of which there is the mountain Sumeru with a height of one lakh of yojanas. This is called Svarnaparvata (The mountain of gold). The top of this mountain is a great flat place with an area of thirtythousand yojanas. This great plain is ten thousand yojanas above the ground level. On the northern part of Ilavrtta lie the three mountain ranges of Nilagiri,